

1:00-5:00 PM • SUNDAY DECEMBER 15, 2019

Landon • 6101 Wilson Lane • Bethesda, MD 20817

1:00–2:00 pm – Registration and Social Hour with games/prizes

2:00 pm - Program Begins

Students and parents
join CONNECTdmv
for an afternoon
of fun, food, and
empowerment.



CONNECTdmv Empowerment Summit

CONNECTdmv's "Be You" Empowerment Summit is a robust personal development experience that inspires, connects, and affirms students of color at independent schools. The summit ignites confidence by teaching the skills to thrive and believe in your ability to be successful; provides tips and techniques for dealing with uncomfortable situations and offers strategies for focusing on your dreams and purpose. Workshops are also available for parents and you are encouraged to participate in the summit to create a partnership with your child.

WORKSHOP SESSIONS

(facilitated by DMV Independent School Diversity Practitioners)

Students can choose to attend 2 dynamic sessions of their choice (parents will have their own sessions):

- Retaining Your Authentic Self
- Refueling: Getting It All Done
- Advocating for Yourself
- Dream Big
- Dealing with Microaggressions
- Girl Power: Speaking Up and Taking Action
- Boy Power: Defining Me and Living Respect

HURRY! SPACE IS LIMITED.

Must register in advance.

REGISTER: https://bit.ly/2qTKZXE

Questions: Contact Patricia Potts; patricia@connectdmv.org.

GREAT GIVEAWAYS

- Goodies provided by Bluemercury
- Autographed copy of Susan Rice's book,
 Tough Love: My Story of the Things
 Worth Fighting For